

Kennebec Estuary Land Trust

2009 Summer Explorations

Wild, Edible & Medicinal Plants of Arrowsic **Wednesday, April 29 9:00 -11:00am**

Tour a private conservation property with Noreen Blaiklock, an expert on the healing properties of wild and edible plants. Bring eyes, ears, notebook and camera; limited walking. Register & receive directions by calling KELT at 442-8400. Limited to 12 participants.

A Boy's Life on Merrymeeting Bay **Saturday, May 9th 10:00am-12:00**

Guided walk of KELT's Merrymeeting Fields Preserve on Chops Point by Hayden Temple, the 5th generation of his family to live on the property. In 1720 Robert Temple ran a garrison on Chopp's Point. Meet at trail head with sturdy walking shoes. Part of Woolwich's 250th celebration.

National Trails Day! Green Point, West Bath **Saturday, June 6th 3:00pm**

Hike with Morse High School Environmental Science student, Jill Brown. A KELT volunteer, Jill is researching the land use history of this preserve which has lovely views of Brighams Cove and down the New Meadows River, in addition to a curious geologic bedrock inclusion. Route 209 to Campbell Pond Road, 1 mile turn onto Birch Point Road. Roadside parking on the left.

Mud Plants of Chops Creek **Saturday, July 25. 9:30-11:30am**

Chop's Creek supports an abundance of rare aquatic vegetation. Barbara Vickery, Director of Conservation Programs at The Nature Conservancy, will lead us to a private conserved property where these unusual plants flourish in a special freshwater tidal environment. Examples are Parker's pipewort (*Eriocaulon parkeri*), water pimperl (*Samolus valerandi*) and spongy arrowhead (*Sagittaria calycina*). Come with appropriate footwear for exploring a muddy intertidal area - these are affectionately known as "mud plants"! Register & receive directions by calling KELT at 442-8400.

Kayak Merrymeeting Bay (with Maine Maritime Museum) **Sunday, August 2 9:00am - 1:00pm**

Explore the beauty of Merrymeeting Bay, paddle alongside seals, ospreys, eagles. This 4-hour expedition is lead by registered Maine Guides and Alicia Heyburn, Outreach Director of KELT. Together they will help interpret the extraordinary ecological vitality and abundant wildlife along with the current challenges facing this unique place. Kayak, paddle, PFD provided. Register with Maine Maritime Museum at 443-1316. Special price for KELT members. \$60. Minimum age 12.

Tip to Tail on the Newest Trail in Bath! **Saturday, September 19 9:30-11:30am**

Guided tour by foot or mountain bike of Whiskeag Trail, the inaugural project of Bath Trails. A 4-mile trail connecting the YMCA to Thorne Head Preserve, through Oak Grove Cemetery and winding along lovely Whiskeag Creek. Meet at the Bath YMCA parking lot, a shuttle will return hikers to the YMCA.

Kennebec Estuary Land Trust is a non profit organization dedicated to the conservation of the natural, historic, scenic and cultural resources of the Kennebec Estuary. Programs are free unless noted. Donations and membership support are always appreciated!

More details at www.kennebecestuary.org or call 442-8400